

2017 Mustang JV Invite

MHS Sports Complex Outdoor Track Tuesday, May 2, 2017



Coaches-

Welcome to the 2017 Mustang JV Invite at MHS! For this year's meet we will be using AccuRace Timing to collect online entries and do fully automatic timing and computerized results the day of the meet.

Online Entry Website: Use the link at www.accuracetiming.com, any questions please contact Clark Jillson at chvjilson@aol.com

Entry Deadlines: Sunday, April 30, 2017 at 8:00 PM. Additions and substitutions will be allowed the day of the meet, but the meet will not be re-seeded.

Events: See attached for Event List/Start Times. All events will be FINALS, no preliminary rounds. There are no entry limits EXCEPT, 2 relays per team and only 5 entries in the vertical jumps (PV & HJ)

Seed times: Please make your best estimate for seed times to keep heats as competitive as possible.

Start Times:Field Events at 3:45 PM, Track Events at 4:15 PM

Track Surface: Only 1/4" pyramid spikes please! And CHALK will be the only marking method allowed on all surfaces, there will be chalk buckets at all runways and exchange zones.

Results: Will be available after the meet as well as online at www.accuracetiming.com shortly after the meet.

Results will also be available online at: http://bit.ly/MHSTrack and at www.athletic.net

Coaches Meeting: At the finish line at 3:30 PM.

3200m Run/Relay: We will combine genders in the 3200m Relay and 3200m Run if possible.

Throws/Jumps: We will allow each competitor either 3 or 4 jumps/throws with no finals dependent on

number of entries in those events.

Starting Heights: TBD at coaches meeting.

Team Competing: Menomonie, Eau Claire North, Chippewa Falls, New Richmond, River Falls, Rice Lake, Hudson, Durand, Eau Claire Memorial

Concessions: There WILL be concessions available! Please inform athletes and fans!

Parking: Please park busses in the North lot, adjacent to the track. Spectators should park in the East or South lots.

Team Area: Teams can set-up camp on the south-west end of the track, near the throwing areas and clerking area.

Questions, contact

Adam Topper, Meet Manager
Craig Olson, Head Boys Coach
Matt Flug, Head Girls Coach
Matt Flug, Head Girls Coach
Matt Flug, Head Girls Coach
Matthew flug@msd.k12.wi.us

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Teams Competing: Chippewa Falls, Durand, Eau Claire Memorial, Eau Claire North, Hudson, Menomonie, New Richomond, Rice Lake, River Falls

Order of Events

3:45 PW	Field Events:	
	Long Jump	Girls First (90 minutes)
	Triple Jump	Boys First (90 minutes)

Shot Put Boys First
Discus Girls First
High Jump Girls First
Pole Vault Boys First

4:15 PM Track Events:

3200m Relay	G & B
100/110m Hurdles	G - B
100m Dash	G - B
1600m Run	G - B
800m Relay	G - B
400m Dash	G - B
400m Relay	G - B
300m Hurdles	G - B
800m Run	G - B
200m Dash	G - B
3200m Run	G & B
1600m Relay	G - B

^{**} Track Athletes should check in with the Clerk of Course at the 2nd call for their event (The clerk will be located on the south-west end of the track, near the start of the 100m Dash to receive hip numbers and get lane assignments)

Full meet results will be posted online at: www.accuracetiming.com

Or at http://bit.ly/MHSTrack
Or at: http://www.athletic.net

^{**} Field Athletes should check in at their event.